

OVUQUICK ONE-STEP: URINE PREDICTOR KIT

We recommend our patients use the OvuQuick one-step urine predictor kit to determine when ovulation will occur. Our staff will tell you what cycle day you should begin using your OvuQuick. For your convenience, we sell these kits in the office for \$50.00.

INSTRUCTIONS FOR USING OVUQUICK ONE-STEP:

1. You **MUST** test daily between **9:00 AM and 11:00 AM**.
2. You must concentrate your urine before your testing time. This means:
 - Empty your bladder at least 3 hours before testing.
 - You may have breakfast and a drink, then nothing to eat or drink for at least 3 hours.
 - You may urinate during that 3 hour time period.
3. Collect urine in the cup provided in your kit.
4. Add three drops of urine to the circular sponge.
5. Wait three minutes and then read the results immediately.
6. When you have a **positive kit, call the office IMMEDIATELY** – you will need blood work that same day.

RESULTS:

- You have a **NEGATIVE** test if the test line (T) is lighter than the control line (C).
- A **POSITIVE** is when the “T” line is equal to or darker than the “C” line.

FOR SAME DAY RESULTS, BLOOD MUST BE DRAWN BY 12:00 PM.

“What if my OvuQuick stick turns positive on the weekend?”

If your ovulation predictor kit turns positive on **Friday:**

- Please test between 9:00 am – 10:00 am on Fridays. If positive, call the office. You will be asked to have confirmation blood work before 11:00 am to assure results by the end of the day.
- If needed, artificial insemination will be scheduled for Saturday morning.

If your ovulation predictor kit turns positive on **Saturday:**

- If positive, call the office (747-3099) and have the answering service page the provider on call. Please call before 12:00 noon on Saturday.
- If your treatment plan is for artificial insemination, this will be scheduled for Sunday morning. **Patient specific instructions will be given to you by the provider on call.** General instructions (to be confirmed with provider) are as follows: Plan to report to the York office early Sunday morning for intrauterine insemination; so a semen specimen is to be brought along at this time. Additionally we may suggest confirmation blood work.

If your ovulation predictor kit turns positive on **Sunday:**

- If positive, plan to come to the York office Monday morning at 7:30 am. Confirmation blood work will be obtained.
- If needed, a tentative artificial insemination will be scheduled for later Monday morning and at that time we would request a semen specimen.

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